**U10 Little Chief’s Daycare Nutrition Policy**

**Purpose:**

While good nutrition is important to children’s learning and physical development,

this child care nutrition policy has been created to encourage the development

of good eating habits, while respecting allergies and food restrictions.

**Procedure:**

Little Chief’s Daycare provides lunch each day to the children,

while the parents supply snacks for their own child.

Lunches are kid friendly, while meeting all the food groups on a daily basis.

If a child was not provided a snack from home, the daycare staff ensure that child

gets a healthy snack, while given options to choose from.

While food allergies are becoming more common in young children, the cook,

daycare staff, and parents work together to provide a safe environment for each child.

Little Chief’s Daycare gives the children the option of milk or water each day,

while keeping children in mind that are lactose in tolerant.

Little Chief’s Daycare posts a monthly menu of the lunches being served for the parents to view.

**Eating environment:**

1. Staff sit at the table with the children.

2. Children are encouraged but not forced to eat.

3. Meal and snack times are unhurried and conversation is encouraged.

4. Extra dishes and utensils are available to children if any are dropped.

5. Children are encouraged to clean up after themselves once they’re done eating.